



CREATE HOPE  
in the WORLD

Rotary

Club of Mohali Midtown  
Rotary International District 3080



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Water, Sanitation and  
Hygiene Month



**Shubh. Karman**

*Inspiring good deeds*

# *The Board*

- **President:** Rtn Amarjit Singh Virk
  - **Secretary:** Rtn Manjit Kaur
  - **Vice President:** Rtn Iqbal Singh
  - **Treasurer:** Rtn Gurcharan Singh Arora
  - **Joint Secretary:** Rtn Manraj Singh
  - **Immediate Past President:** Rtn Ravijeet Singh
  - **President Elect:** Rtn Dilpreet Singh Boparai
  - **Sergeant at Arm's:** PP Rtn Harcharan Singh Marwah
  - **Community Service:** AG PP Rtn Harjeet Singh
  - **Vocational Service:** Rtn Aameep Sinha
  - **New Generation Service:** Rtn Kuldip Singh Dhody
  
  - **International Service:** Rtn Dr. Aditya Sharma
  
  - **Club Service:** Rtn Manjit Singh Kohli
- 

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*“The main endeavour of the leadership in any club is to encourage its members to imbibe feelings of oneness with their club*

## The President Writes

### The Strength of a Club

March brings a feeling of the Rotary Year coming towards end. It is time for introspection. The biggest strength of a Rotary Club is its members. It is the great challenge for any club not only to enrol new members but to retain members. If anything, special is required to be done by any club to increase its members' strength. To my mind nothing special is required for maintaining members strength, except the transparency in the club activities besides involvement of the members.

The Rotaractors especially the community based Rotaract clubs are assets of any Rotary Club. They are the future strength of the club. Moreover, in this era of e-technology the limit of geographical barriers has evaporated, there can be another avenue of Satellite club. It would be an independent club within the principal club implementing their own ideas by deviating from traditional ways of working of a Rotary Club but adding to its strength. A Satellite club requires only minimum 8 members to start with, it can have its own independent Board, chairs as well bye-laws. But one thing that is of immense importance that a Satellite club doesn't require charter. The membership strength lies not with the feelings 'Why should I continue' but with the feelings 'Why shouldn't I continue'.

The main endeavour of the leadership in any club is to encourage its members to imbibe feelings of oneness with their club. To my mind this is the only thing which can strengthen the membership of the club and to retain its members, the real strength of the Club.

# 60<sup>th</sup> Meeting

- *Visit of the Assistant Governor*
- *Celebrating World Women's Day*

The 60<sup>th</sup> meeting of Rotary Club of Mohali Midtown held on Friday, 08 March, 2024 at AUDITORIUM, Fortis Hospital, Mohali, at 5.30 p.m.

Sergeant at Arms, PP Rtn. Harcharan Singh Marwah collared the President. The President called the meeting to order. Sergeant at Arms, PP Rtn. Harcharan Singh Marwah then passed on the mike to PP Sukhpreet Singh Giani, the Club Learning Facilitator. PP Sukhpreet Singh Giani, welcomed the Guests, AG Rtn. Sukhvir Singh Sidhu, Ann Rupinder Kaur as well speaker of the evening to celebrate International Women day, Dr. Shweta Tahlan, Consultant Gyanaec Oncologist and Advanced Laproscopic Surgeon, Fortis Hospital, Mohali. PP Sukhpreet Singh Giani initiated the National Anthem which was sung by all, recited the 4 way Test and PP Sukhpreet Singh Giani invited the President to present Report to the AG who has visited the Club in order to see the forthcoming Official Visit of DG scheduled for 29<sup>th</sup> March, 2024.

The President presented the Report of the Club since the beginning of the Rotary Year 2023-24 w.e.f. July 01, 2023 . President narrated the club activities, projects undertaken by the Club during the RY 2023-24. President also highlighted the activities being undertaken by the Club in different avenues, functioning of both Rotaract Clubs and 3 Interact Clubs and also made aware that the 4<sup>th</sup> Interact Club has also been chartered and its installation will be conducted very shortly. The President also informed that the social services being undertaken by the Club has been recognized by the State of Punjab by Honoring as many as 4 Roatarians from the club including President, Club Secretary, Director, Community Services as well as Rtn. Jagdeep Singh on 15<sup>th</sup> August, 2023 District Level function at Mohali.

The President also informed that the RD3080 has also recognized the activities being undertaken by the Club by awarding Service of Avenue award , the second highest award to PP Rtn. Harjeet Singh, Director, Community Services and awarding Outstanding President Award to President Rtn. Amarjit Singh Virk for the Month of January 2024.

PP Sukhpreet Singh Giani after introducing the Guest Speaker of the evening to celebrate International Women Day, Dr. Shweta Tahlan, Consultant Gyanaec Oncologist, invited Dr. Tahlan to deliver her talk.

Dr. Shweta Tahlan, Consultant Gyanaec Oncologist with her eloquence and professional expertise enlightened the Rotarians and made them aware through power presentation about the Cancer, esp Gyanaec cancer, its common symptoms, preventive measures and its treatment and the preventive and investigative tests to detect Cancer at an early stage.

PP Sukhpreet Singh Giani then invited AG Rtn. Sukhvir Singh Sidhu to address the house and express his comments. AG Rtn. Sukhvir Singh Sidhu appreciated the work being done by the club and also praised the timely reporting being done by the Secretary.

The Club felicitated the Guests with Souvenir.



The Club also felicitated resource person Sh. Vikas Kaushal.

Rtn. Poonam Gupta proposed the Vote of Thanks.

The Sun Shine collection was Rs 2000/-

The President adjourned the meeting with traditional thumping on table with wooden hammer.



The members enjoyed the fellowship and celebrated Birthdays of PP Rtn. Harjeet Singh & Rtn. Manu J Singh falling in the first fortnight of the month of March by cutting the Cake.

*Past President writes*

*Know The Mother Earth 14*

## *7 Geological Phenomena you HAVE TO BELIEVE*

*By PP Rtn. Harcharan Singh Marwah*

*This is fourteenth part of series being written by Rtn. Marwah*



The natural world is full of strange and fascinating geological phenomena that seem almost otherworldly. From rocks that move on their own to underwater sinkholes and rainbow-colored mountains, these phenomena challenge our understanding of how the Earth works and offer glimpses into the incredible forces that shape our planet. In this article, we'll explore 7 of the most strange and surprising geological phenomena from around the world that you won't believe exist.

### ***Sailing Stones***



The phenomenon of the “Sailing Stones” is a mysterious geological occurrence that has puzzled scientists and intrigued visitors for years. Located in the Racetrack

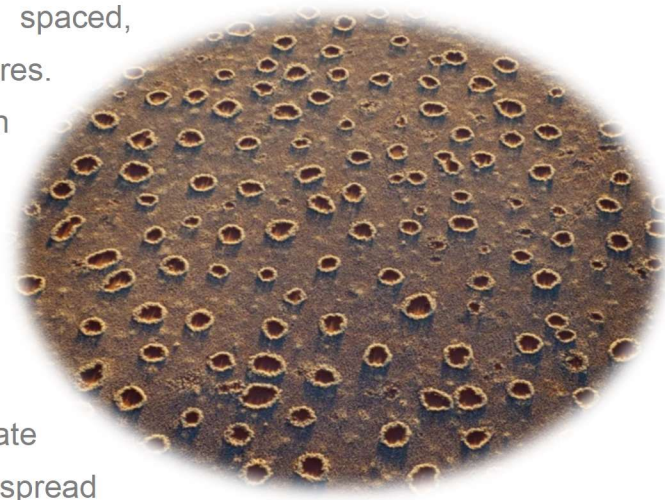
Playa of Death Valley National Park in California, these rocks appear to move across the desert floor on their own, leaving behind long tracks that can stretch for hundreds of feet. Despite years of study, the cause of this movement is still not fully understood. However, it's believed to be caused by a combination of factors, including strong winds, slick mud, and ice.

During cold desert nights, a thin layer of ice can form on the surface of the playa, creating a slick surface that allows the rocks to move when pushed by even the slightest breeze. While there have been many theories put forth to explain the Sailing Stones, it wasn't until the advent of time-lapse photography that scientists were finally able to capture the movement of the rocks in action, providing important new clues about the forces at work in this unusual geological phenomenon.

## ***FAIRY CIRCLES***

Fairy Circles are circular patches of barren earth surrounded by a ring of tall grasses found in the Namib Desert in southern Africa. These circles are typically between 6 and 30 feet in diameter and are evenly spaced, sometimes covering hundreds of acres.

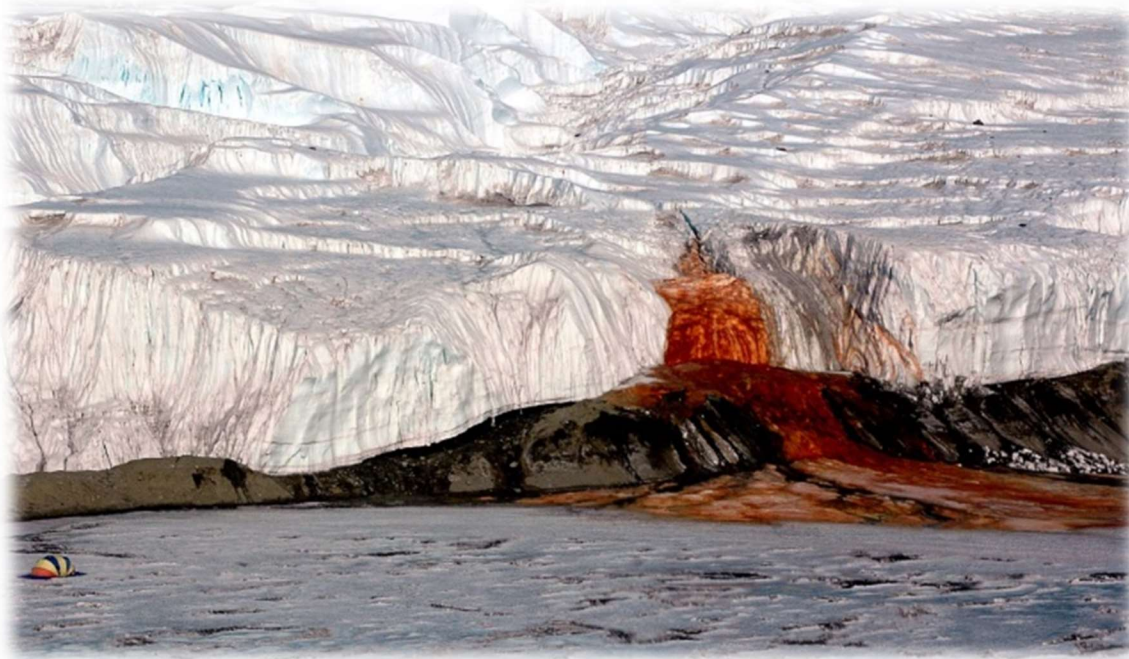
The cause of these circles has long been a mystery, but there are many theories that attempt to explain this strange phenomenon. One popular theory is that the circles are created by termites, which burrow beneath the surface of the desert and create underground tunnels that allow water to spread



evenly throughout the area. This creates a pattern of alternating wet and dry areas that promote the growth of grass around the edges of the circles, while leaving the center barren. Another theory suggests that the circles are caused by competition between the grasses for limited resources, such as water and nutrients. This leads to a self-organizing pattern of vegetation that creates the distinctive circular shape of the fairy circles. While the exact cause of the fairy circles is still unknown, they remain a fascinating geological phenomenon that has captured the imaginations of scientists and visitors alike.



## *Blood Falls*



Blood Falls is a geological phenomenon located in Antarctica's Taylor Glacier. It gets its name from the outflow of iron-rich salty water that flows from the glacier, giving it the appearance of blood. The water that emerges from Blood Falls is highly saline and contains a high concentration of iron. This creates a reaction with the oxygen in the air, causing the water to turn a deep red color, similar to blood. The water flows from an underground reservoir beneath the glacier, which is believed to have been sealed off from the outside world for millions of years. Scientists believe that the water in the reservoir is kept liquid due to geothermal heating from the Earth's interior, which allows it to remain liquid even in the extremely cold temperatures of the Antarctic. The high salt and iron content of the water make it inhospitable to most forms of life, but it is home to a unique community of microorganisms that have adapted to survive in this harsh environment. Blood Falls is a fascinating example of the unique and extreme geological processes that occur in some of the world's most inhospitable environments.

# Blue Holes



Blue Holes are underwater sinkholes that are found in various parts of the world, but are most famous in the Caribbean Sea. These deep, circular sinkholes are characterized by their dark blue color and their seemingly bottomless depths. The unique blue color of Blue Holes comes from the depth of the sinkhole, which creates a deep blue color due to the absorption of light at different depths. Some Blue Holes are several hundred feet deep, making them some of the deepest underwater caves in the world. Blue Holes are home to a variety of marine life, including sharks, turtles, and fish. They are also popular destinations for divers and snorkelers due to their unique beauty and the sense of adventure that comes with exploring an underwater cave. Some Blue Holes are also significant from a geological standpoint, as they offer scientists a glimpse into the history of the Earth's climate and sea levels. By analyzing sediment and fossils found in Blue Holes, researchers can learn about past climate patterns and sea level changes, and use this information to better understand the future of our planet.

## *Giant's Causeway*



Giant's Causeway is a natural geological formation located in Northern Ireland that consists of over 40,000 hexagonal basalt columns that are interlocked like puzzle pieces. The columns are made of cooled and hardened lava that was erupted from a volcanic fissure about 60 million years ago. The basalt columns vary in height and width, with some reaching as high as 39 feet. The formation is named after a legend that claims it was created by the giant Finn McCool as a path to Scotland, where he planned to fight his Scottish counterpart, Benandonner. The unique hexagonal shape of the basalt columns is due to the way the lava cooled and solidified as it flowed into the sea. As the lava cooled, it contracted and cracked, forming the distinctive polygonal shapes that make up the columns. Giant's Causeway is a popular tourist attraction and is also recognized as a UNESCO World Heritage Site. It has been the subject of scientific study for centuries, with researchers using it as a natural laboratory to better understand the processes that shape our planet.

## *Rainbow Mountains*



The Rainbow Mountains, also known as the Zhangye Danxia Landform Geological Park, are a natural wonder located in Gansu Province, China. They get their name from their colorful appearance, which is caused by the presence of different minerals that have been compressed and eroded over millions of years. The Rainbow Mountains are made up of a series of sandstone and mineral deposits that were formed over 24 million years ago. The different colors are the result of the oxidization of iron and other minerals, which created unique bands of red, orange, yellow, green, and blue. The park is home to a number of hiking trails and viewing platforms that allow visitors to get a closer look at the colorful formations. It is also a popular destination for photography enthusiasts who are drawn to the otherworldly landscape and vibrant colors. The Rainbow Mountains are an excellent example of the stunning natural beauty that can be found throughout the world. They are a testament to the incredible forces of nature that shape our planet, and offer a unique glimpse into the geological history of the region.

## *Petrified Forests*



Petrified forests are ancient forests that have been turned to stone through a process called petrification. This occurs when trees are buried under sediment or volcanic ash, which cuts off their oxygen supply and prevents them from decomposing. Over time, the minerals in the sediment or ash seep into the wood, replacing the organic material and transforming the trees into stone. Petrified forests can be found all over the world, with some of the most famous examples located in Arizona's Petrified Forest National Park and in Yellowstone National Park. In these parks, visitors can see thousands of petrified trees that are millions of years old. Petrified forests offer a unique glimpse into the past, as they provide scientists with valuable information about ancient ecosystems and climate patterns. By studying the types of trees that have been petrified and the sediment layers surrounding them, researchers can learn about the climate and geography of the area at the time the trees were alive. Petrified forests are also popular tourist attractions, as they offer visitors the chance to see a natural wonder that is both beautiful and awe-inspiring. Whether exploring the trails of a national park or admiring petrified wood in a museum, petrified forests are a fascinating reminder of the incredible forces of nature that have shaped our planet over millions of years.

# *In the Service of the Community*



**One eye surgery was done under the project Drishti in the fortnight of Feb 15 to Feb 29. Taking the total of the surgeries to 6**



## ਪ੍ਰਭਜੋਤ ਦੀ ਕਲਮ ਤੋਂ

ਬੱਚਪਣ ਅੱਜ ਜਦੋਂ ਲੰਗਿਆ ਮੇਰੇ ਕੋਲੋਂ  
ਯਾਦਾਂ ਅੱਜ ਫੇਰਾ ਪਾ ਗਈਆਂ

ਕੱਚੀਆਂ ਗਲੀਆਂ ਜੋ ਗਵਾਹੀ ਸੀ ਦੇਣਦੀਆਂ,  
ਸ਼ਰਾਰਤੀ ਖੇਡਾਂ ਦੀ ਸਾਡੇ  
ਪੱਕੀਆਂ ਸੜਕਾਂ ਵਾਸਾ ਉੱਥੇ ਨੇ ਪਾ ਗਈਆਂ

ਛੋਟੇ ਸੀ ਘਰ, ਪਰ ਗੂੜ੍ਹੇ ਬੜੇ ਸਨ ਰਿਸ਼ਤੇ  
ਨੀਹਾਂ ਭੁਲੇਕਾਂ ਦੀ ਰੱਖ, ਕੋਠੀਆਂ ਸਭ ਨੇ ਪਾ  
ਲਈਆਂ

ਸਾਂਝਾ ਸੀ ਵੇੜਾ, ਸਾਂਝੇ ਸੀ ਬੱਚੇ  
ਵੇਖ ਦੁੱਜੇ ਦੀ ਉਡਾਣ, ਬਿਨ ਸੋਚੇ ਹੀ ਚਲਾਂਗਾ ਲਾ  
ਲਈਆਂ

ਮੁਖੋਟੇ ਪਾ ਲਏ ਮੁਸਕਾਨ ਦੇ ਵੱਨ ਸਵੰਨੇ  
ਗੈਰਾਂ ਨਾਲੋਂ ਵੱਧ, ਸ਼ਰੀਕਾਂ ਚ ਦੂਰੀਆਂ ਨੇ ਆ  
ਗਈਆਂ

ਨੇੜੇ ਨੇੜੇ ਦਿਲ ਸੀ ਸਭ ਦੇ, ਰੋਜ਼ ਰੋਜ਼ ਦਾ ਮਿਲਣਾ  
ਦੂਰੀਆਂ ਪਤਾ ਨੀ ਕਦ ਵਿਚਾਲੇ ਆ ਗਈਆਂ

ਪਿੱਛੇ ਮੁੱੜ ਮੁੱੜ ਵੇਖਾਂ ਜੱਦ ਮੈਂ  
ਹੱਸਦਾ ਖਿਲਦਾ ਪਰਿਵਾਰ ਹੀ ਦਿਸਦਾ  
ਖੁਸ਼ ਹੋਵਾਂ ਜੱਦ ਸਭਨੂੰ ਵੇਖ ਵੇਖ  
ਸੁਕਰ ਕਰਾਂ ਰੱਲ ਬੈਠੇ ਇੱਕ ਮਿੱਕ

ਟੁੱਟਾ ਜੱਦ ਇਹ ਸੁਪਨਾ ਮੇਰਾ,  
ਵੇਖਿਆ ਸਬ ਇਹ ਬਿਖਰਿਆ ਹੋਇਆ  
ਦਿਲ ਸੀ ਰੋਂਦਾ ਅਕਸਰ,  
ਅੱਜ ਅੱਖਿਆਂ ਵੀ ਨੀਰ ਬਹਾ ਗਈਆਂ

ਬੱਚਪਣ ਅੱਜ ਜਦੋਂ ਲੰਗਿਆ ਮੇਰੇ ਕੋਲੋਂ  
ਯਾਦਾਂ ਅੱਜ ਫੇਰਾ ਪਾ ਗਈਆਂ...

*Insta@rehmatdikalam*

# Know Rotary Even Better

## *"EVERY ROTARIAN AN EXAMPLE TO YOUTH"*

In much of the official literature of Rotary International relating to service to young people, a special slogan will be found -"Every Rotarian an Example to Youth." These words were adopted in 1949 by the Rotary International Board of Directors as an expression of commitment to children and youth in each community in which Rotary clubs exist. Serving young people has long been an important part of the Rotary program. Youth service projects take many forms around the world. Rotarians sponsor Boy Scout and Girl Scout troops, athletic teams, handicapped children's centers, school safety patrols, summer camps, recreation areas, safe driving clinics, county fairs, child care centers and children's hospitals. Many clubs provide vocational counseling, establish youth employment program and promote use of The 4 -Way Test. Increasingly, drug and alcohol abuse prevention projects are being supported by Rotarians. In every instance, Rotarians have an opportunity to be role model for the young men and women of their community. One learns to serve by observing others. As our youth grow to become adult leaders, it is hoped each will achieve that same desire and spirit to serve future generations of children and youth. The slogan accepted over 40 years ago is just as vital today. It is a very thoughtful challenge, "Every Rotarian an Example to Youth."



# Did You Know?

Lots of US Presidents and President hopefuls who've been members of Rotary,

including

- **George W. Bush, President, USA**
- **Jimmy Carter, President, USA**
- **Hillary Rodham Clinton,**
- **Dwight D. Eisenhower, President, USA**
- **Herbert Hoover, President, USA**
- **John F. Kennedy, President, USA**
- **Richard Nixon, President, USA**
- **Ronald Reagan, President, USA**
- **Franklin D. Roosevelt, President, USA**
- **Harry S. Truman, President, USA**
- **Woodrow Wilson, President, USA**

## ***Forth Coming Events***

- **Visit of the District Governor March 29<sup>th</sup> March**

### *Congratulations*

#### *Birthday Wishes*

*Rtn. Parvinder Singh March 17*

*Rtn. Amrit Bhambra March 26*

#### *Anniversary Wishes*

*Rtn. Amarjit Singh & Ann Sukhwinder Kaur March 19*

**PLEASE NOTE**

*This newsletter is not to be used commercially or for any non-Rotary solicitation. This is for each member's private use, which intent to inform the events happening in the club.*